

## The Coaching Manual The Definitive Guide To The Process Principles And Skills Of Personal Coaching

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### **Coaching Sessions**

**The Coaching Manual - Warm Up (Technical)** To view this video and to have access to the printable session plan, visit: ...

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**1 to 1 Aerial Ball Control and Passing** A 1 to 1 football **coaching** practice focusing on helping players learn how to control a ball that is passed to them in the air.

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**Defending in Balance 1v1: Warm up - Thigh Taps** To view this video and to have access to the printable session plan, visit: ...

**The Coaching Manual and The LMA Pressing Masterclass With David Moyes Part 1 The Interview** Moyes Interview

**Coaching Masterclass EP 1 - Frans Hoek Manchester United FC #Coaching #ManUtd #EPL #KNVB #Barcelona** Frans Hoek is a Dutch former goalkeeper and current chief goalkeeping **coach** at Manchester United F.C. under manager Louis ...

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**Pressing Masterclass With David Moyes 1v1 Pressing** 1v1 Warm Up Drill by former Man Utd Manager David Moyes. See the full session here: <https://thecoachingmanual.com/Session/1066> ...

**U8 Activities** U8 Activities.

**Soccer Coaching Attacking Drill: Warm Up** To view this video and to have access to the printable session plan, visit: <https://thecoachingmanual.com/drill/5180918117433344> ...

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**What is The Coaching Manual?** An introduction to The Coaching Manual. Here are some of our favorite features, designed to support any coach, team or club ...

**Steve McClaren with The Coaching Manual: PASSION TO PRACTISE** "You may love football, but if you haven't got a passion to practise, to stay behind, to do extra, to eat the right things, to ...

**Coaching Manual Promo - Blue Monday** Want a quick overview of what to expect with The Coaching Manual? Here you go!

**The Coaching Manual Podcast: S2E3 - Mark Warburton** In this episode, Danny talks to former Brentford, Glasgow Rangers and Nottingham Forest Manager, Mark Warburton.

Mark has a ...

**Steve McClaren with The Coaching Manual: What Sir Alex Ferguson said to me on my first day at MUFC** "My first game on the bench we won 8-1. I thought, 'What am I going to do in training on Monday!?'"

What did Sir Alex ...

**Ball Mastery & Turns - Warm Up** <https://thecoachingmanual.com> **The Coaching Manual** - Preview of the upcoming content - will be on the site soon with session ...

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